

Maria Celina Vieira Cabral

celinacares@outlook.com

Employment Strengths and Skills

I am hard working and understand the importance of customer priority. I am very enthusiastic and passionate about helping others. I am also a good team player, able to work unsupervised, placid under pressure, friendly, with good interpersonal skills and I am IT literate.

Key Skills

- Communication - I can communicate well verbally and in writing.
- Teamwork - I like to help my colleagues and take their advice on board.
- Initiative - I do not wait to be told what to do, I like to proactive in helping.
- Problem solving - I can think on my feet even in the most challenging situations.
- Flexibility - I can start immediately and work unsocial hours.

Work Experience

Live in Carer - Christies Care (December 2014 - February 2015)

Administrative Assistant Apprentice - Lambeth Living (July 2014 - October 2014)

Store Assistant - Lidl (November 2013 - March 2014)

Crew Member - McDonalds (June 2012 - October 2013)

Domestic Carer - CRG (June 2013 - July 2013)

Cleaner - Joan Jackson (April 2011 - July 2014)

Project Support Worker - ESL (May 2010 - November 2010)

Teaching Assistant - Partners Scheme (September 2007 - August 2009)

Education

Mental Health Nursing Degree - Surrey University (2013-14)

A levels: English, Sociology, Psychology - Richmond upon Thames College (2007-09)

GCSEs: Maths, English, Science, French, Portuguese & ICT - LBTS (2002-07)

References available upon request for my education and work experience.

