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PROFILE

A mature, reliable person, I am outgoing and enthusiastic and someone who welcomes new challenges.

I would say I am very much a people person, with excellent communication skills and someone who enjoys travelling to different places and meeting new people.

I have a mass of experience in busy warehouse working environments, and able to accomplish tasks as part of a team, or working alone.

I possess a good working knowledge of health and safety practices, being pc literate and have a decent basic knowledge of Microsoft programs.

Currently I also hold a full clean UK category C driving

licence, aswell as CPC qualification card.

My CSCS card is valid until october 2017.

WORK EXPERIENCE

<u>september 2015</u>	<u>pier uk ltd</u>	<u>newton</u>
<u>-present</u>		

- travelling to various sites across the uk driving a class 2 vehicle of 26 tonnes and 32 tonnes.
- daily safety checks of the wagon to ensure it is safe for road use
- meeting with clients on site to assess the needs of the job
- keeping to a daily schedule
- vacuum excavation of ground materials to expose gas, water, and electrical services
- knowledge of safe manual handling and good understanding of health and safety in the work place.

March	Greencore Prepared	Warrington
2011-september	Meals	
2015		

This line of work was in a production environment supplying a major supermarket chain with ready meals. which my main duties and responsibilities are:

- Booking in of products onto a computer system
- keeping time sheets and records of the work carried out
- regular monitoring of product temperatures
- keeping to a daily plan to ensure product is completed on time
- always to be clean and tidy to prevent possible contamination with food products
- regular health and safety and COSHH training
- being able to work long shifts at night on a 4 on 4 off shift pattern

October

Tapefox Ltd

St.Helens

2009-March 2011

This was assembling and packing kitchen and bedroom furniture. My main responsibilities were:

- having the ability to work in a fast paced

environment building and packing units to order

- using my own initiative to complete job orders
- assisting supervisor with organising goods in and goods out for despatch
- multi-tasking was a must as there was many fittings and accessories to remember
- occasional driving of company vehicle to customer houses with items

January 2008-April 2009	New Cheshire ltd	Widnes
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This was a very important cleaning contractor role within NHS hospital involving deep cleaning and disinfection of medical areas, water tanks and kitchens.

It required:

- A very mature and responsible attitude in a high risk environment
- Use of industrial chemicals used to exact standards
- sensible approach to patient safety whilst carrying

out tasks

- very good communication skills for liaising and co operating with senior members of staff
- attention to detail
- working in confined spaces cleaning water tanks
- a flexible approach to working hours as some jobs could only be completed out of normal hours
- to be of presentable appearance and represent the company in the correct manner at all times

Nov 2005- 2008	Swindells roofing	St.Helens
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A very physical role, as a roofer/labourer, working at various sites throughout the north west region, which involved:

- Working at heights
- using power tools when needed

- having a good level of fitness
- working well as a team
- always being aware of potential hazards
- working outdoors in all weather conditions

July 2004-	july	Klaussner furniture	St.Helens
2005		industries	

My first job from leaving school was assembling sofas and reclining chairs. I did learn a lot from my first employer as it :

- Introduced me to the workplace
- built my confidence of speaking and meeting new people
- disciplined me into sticking to a time schedule for arriving at the workplace on time everyday

EDUCATION

I attended Sutton High School from September 1999 - June 2004. I achieved the following grades at GCSE level:

Maths	C
English	C
English language	B
Science (double award)	Two C'S
Design technology	B
Physical education	C
History	C
French	C

HOBBIES AND INTERESTS

I enjoy spending time with my daughter, going to the gym regularly, and socialising with friends.

REFERENCES

Robert leverton	Supervisor - New cheshire	07970019972
John worthington	Supervisor Greencore	- 01617757326