

Antonella Donati

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EDUCATION

January 2016, Centre of Excellence on line, UK Training Center: Park Farm Newton Hall Lane, Mobberley Knutsford Cheshire WA16-7LQ

Mindfulness Diploma (Overall marks 80)

December 2015, Centre of Excellence on line, UK Training Center: Park Farm Newton Hall Lane, Mobberley Knutsford Cheshire WA16-7LQ

Counselling Skills Diploma

October 2012 to April 2013, Callan School, 139-143 Oxford Street, London.

Certificate English Course

February to May 2012, John Peter Sloan School of English School, Milano. Italy

Certificate English Course

September 2010 to April 2013, Somatic Experiencing Trauma Institute, Peter A. Levine, PhD.

Certificate of Somatic Experiencing Professional Training that authorized to use the professional title "Somatic Experience Practitioner (SEP)".

June 2010 to October 2010, Integral Being Institute.

Certificate on Superego for giving sessions as well as groups.

January 2007 to November 2009, Centro Studi Piazza, Milano. Italy

Diploma Higher Education

Main subject: Systemic Counselling

3 years course with 600 hours of teaching, practice, formative exploration, and 200 hours of apprenticeship.

March 2007 to November 2008, Integral Being Institute

Certificate of Training on Essence Work, "Diamond Logos Method" created by A.H.Almaas and Faisal Muqaddam

April 2007 to September 2007 Centro Studi Piazza Milano. Italy

"Communication with clearness" NLP (Neuro-Linguistic Programming) with teaching and practice on the Art and Science of Communication.

February 2005 to March 2007, ISKON Institute in Milan. Charlotte Goetz and Federico Pagni.

Certificate of Systemic Coaching and Systemic Team Coaching

October 2003 to April 2005, Centro Studi Hellinger

Certificate of theoretical and practical Training Course on the Family Constellations

September 2002 to October 2003, International Breath Energy School

Certificate of Training of Rebirthing

January 2000 to December 2001, S.I.R. International School of Rebirthing
Certificate Professional Training of Rebirthing

1994 to 1996 Istituto Musicale “G. Donizetti”, Bergamo. Italy

Main subject: Lyric Artistic Singing (Soprano)
British Bachelor (Honours) Degree standard.
Certificate of Comparability from UK NARIC

1980 to 1995, Study Classic Piano with private lessons.

Higher National Diploma Non UK
Main subject: Diploma of Classic Piano for singing

1981 to 1986, Istituto Tecnico Commerciale, “A. Magri”. Barga (LU)

Main subject: Accountant and Commercial Expert
BTEC Level 3 Diploma/Extended Diploma standard
Every subject passed may be considered at least comparable to GCSE grades A*-C.
English is studied as a second language.
Certificate of Comparability from UK NARIC

I’m SICOOL (Italian Society for Counsellor and Holistic Operator) Professional Accredited Member. I receive each year from SICOOL a Certificate of Quality and of Qualification of Professional Services.

Membership n°: 202

I’m BACP (British Association for Counselling and Psychotherapy) Member.

Membership n°: 801738

Languages

Native Italian
English High Level
Intermediate French

Key Skills

- Managing Director PA
- Communication NLP
- Piano and Singing Teacher
- Professional Lyric Singer on Concerts
- Coaching and Team Coaching
- Individual and Group Counselling

EMPLOYMENT HISTORY

April 2009 to now

Self –Employed

Counselling

- Groups as well as individual sessions.
- Coaching
- Team Coaching

July 2000 to March 2009

IT School.

Managing Director PA.

- Supporting the MD in the running of the business on a daily basis, organising and co-ordinating the activity of the Marketing sector of the school
- Responsible for Tele-Marketing
- Telemarketing Team Leader
- Managing Human Resources, Recruitment and Managing payslip.

September 1997 to June 2000

Accademia Arte Bergamo.

- Lyric Singing Teacher

September 1996 to September 1997

- Lyric Singer on several Concerts in Italy and Germany.

CURRICULUM OF COUNSELLING

January 2000 to December 2001, “S.I.R. International School of Rebirthing” in Milan, Paris and Switzerland.

Certificate Professional Training of Rebirthing, with Leonard Orr’s method, on psychoanalysis of pre-birth, birth and post-birth with the consequences in the adult age. Taught by Patrice Elequain and Beatriz Santos, 2 years trainings, 250 hours, with teaching, practice and personal therapy.

Complementary groups 176 hours.

1)“Advanced Training of Professional Rebirther” Taught by Patrice Elequain, 40 hours.

2)“Self-esteem” taught by Bob Mandel creator of ISEP (International Self-Esteem Project)

3)“Money”. Taught by Bob Mandel

4)“More love in our relationships”. Taught by Patrice Elequain and Beatriz Santos, in Paris with O.S.E. (Organisation Seminars of Evolution). I did this group also another time as assistant of the teachers.

September 2002 to October 2003 “International Breath Energy School”

- Certificate of Training of Rebirthing, 261 hours, with teaching, practice, supervision practice and personal therapy.

2003 to 2009 "Centro Studi Piazza" (“Piazza’s Center of Studies”) in Milan (Italy). Doct. Attilio Piazza.

- January 2007 to November 2009, Diploma of Systemic Counselling, 3 years course with 600 hours of teaching, practice, formative exploration, and 200 hours of apprenticeship.

Diploma of Counselling MODULES

- October 2003 to April 2005 Seven Modules: “Family, Work and Systemic Constellations” Training with teaching and practice. April 2007 to September 2007, Ten Modules:
- April 2007 to September 2007 Seven Modules “Communication with clearness” NLP (Neuro-Linguistic Programming) teaching and practice on the Art and Science of the Communication. 225 hours. Taught by Doct. Attilio Piazza.
- Modules:
 - 1) "Understanding the personal quality” Taught by Doct. Attilio Piazza

- 2) "Relationships with the right order of the power. Part 1" Taught by Doct. Attilio Piazza
- 3) "Relationships with the right order of the power. Part 2" Taught by Doct. Attilio Piazza
- 4) "Awareness and transformation in the world of the work" Taught by Karuna Kress
- 5) "Dynamics of group and leadership" Taught by Turiya Hanover
- 6) "Organise the work and management of the time" Taught by Doct. Attilio Piazza
- 7) "Well-being and money" Taught by Doct. Attilio Piazza
- 8) "Who is in" Taught by Doct. Emilio Costantino
- 9) "Supervision and professional updates 1" Taught by Doct. Attilio Piazza
- 10) "Supervision and professional updates 2" Taught by Doct. Attilio Piazza
- 11) "Managing traumas and shock" taught by Doct. Libero Lazzari
- 12) "Family Constellations Bert Hellinger" 5 days in the Hellingerschule (Bert Hellinger's school in Bolzano – Italy) Taught by Bert Hellinger.
- 13) "Guilt-feelings" Taught by Doct. Attilio Piazza
- 14) **International Conference of Family and Systemic Constellations** "The strength being present", speakers Doct. Attilio Piazza, Guni Baxa, Doct. Wilfried Nelles, Victoria Sneh Schnabel, Nisarg B Nikiel, Karuna Kress. 3 days Conference.
- 15) Systemic, General Psychology, Psychopathology, Dynamics Psychology, Anthropology, Sociology, Pedagogy, Methodology of Social Research. Taught by Doct.ssa Anna Zanardi.

I earned the Diploma of Systemic Counsellor with the following marks: thirty thirtieth.

February 2005 to March 2007 "ISKON Institute" in Milan. Charlotte Goetz and Federico Pagni.

Certificate of Systemic Coaching and Systemic Team Coaching, on the Structural Systemic Constellations. Two years training, teaching and practice, 76 hours. Topics: systemic intervention, systemic theory, work oriented to the solution, style of the intervention, personal and interpersonal solutions, work on the beliefs and self-esteem, phenomenology of the system by Bert Hellinger, Family constellations, management and resolution of the conflict, work with the teams and leadership, systemic expert advice for the transformation in the organisations, exploration of the dynamics in the big systems. Taught by Charlotte Goetz and Federico Pagni,

2007 to 2011 "Integral Being Institute" Doct. Emilio Costantino

Essence work, Id Ego and Superego, Enneagramma, Freud's concept of the mind model, unconscious, pre-inconscious, conscious. Freud's concept of the treble model of the mind, Id Ego and Superego. Freud's concept of the sexual psycho-states of the development. Inner workings of defense. The development of the infant by Margaret Mahler. Psychoanalytic and psychologic concepts.

- March 2007 to November 2008, Certificate of Training on Essence Work, "Diamond Logos Method" created by A.H.Almaas and Faisal Muqaddam. Two years training, Teaching and practice, 250 hours, taught by Doct. Emilio Costantino and Rafia Morgan.
- Advanced course on Essence Work: "The Original Self" 40 hours, and another group as Assistant of the teacher 40 hours. Taught by Doct. Emilio Costantino.
- Group "Enneagramma", 40 hours. Taught by Doct. Emilio Costantino
- Groups on the Superego, n°5 groups, 184 hours, and others 5 groups, 164 hours as Assistant to the teacher. Taught by Doct. Emilio Costantino.
- June 2010 to October 2010, Certificate on Superego for giving sessions as well as groups. Training on Teaching, practice, supervision practice, and personal therapy. 217 hours. Taught by Doct. Emilio Costantino.

September 2010 to April 2013 Somatic Experiencing Trauma Institute, Peter A. Levine, PhD.

- Certificate of Somatic Experiencing Professional Training and the additional professional sessions and case consultations, 3 years training 216 hours, that authorized to use the professional title “Somatic Experience Practitioner (SEP)”. Taught by Diane P. Heller, PhD and Raja Selvam, PhD. Before to start the training I completed 20 hours of personal therapy with this method.

2009 to 2014 “Diamond Logos Academy Faisal Muqaddam”.

With the Diamond Logos Method created by A.H.Almaas and Faisal Muqaddam and taught by Faisal Muqaddam and Hugh Evans. Teaching and studies on Essence, Id Ego and Superego, Object Relations Theory (Melanie Klein), Attachment Theory (Jonh Bowlby), Symbiosis and Individuation (Margaret Mahler), build of the personality and its disorders, Enneagramma (Claudio Naranjo).

- 2009 to 2011 n°3 “Gathering group” 60 hours of groups.
- 2011 to 2014 n°4 “Group four” 126 hours of groups.
- 2011 to 2014 n°4 “Teacher Training group” for becoming Diamond LogosTeacher. Teaching, practice, supervision practice, and personal therapy. Hours 166.

Others groups and personal therapy in Qi gong (2000), Human Design (2005), Self-Painting (2011). 59 hours.

2000 to now, 16 years of Meditation and Mindfulness daily personal practice.

2014 and 2015 Group about Deontological and Ethical Counselling Work Code, with SICOOL Counselling Association, taught by Marco Marson, Candida Mantini (President of Sicoool) and Massimiliano Babusci (Vice president of Sicoool).

Sincerely,

London 12nd February 2016

Antonella Donati